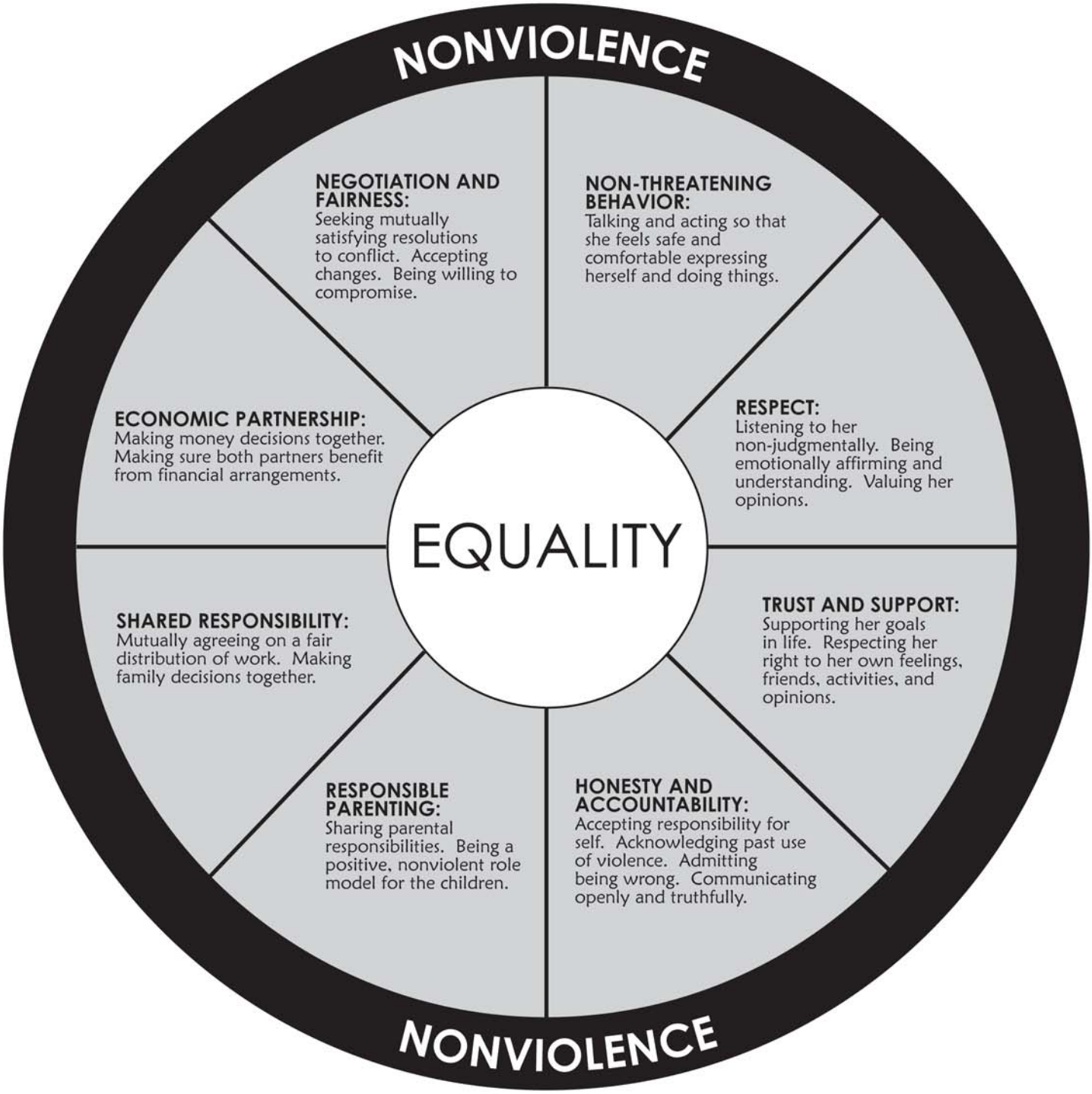
NONVIOLENCE
NEGOTIATION AND FAIRNESS: Seeking mutually satisfying resolutions to conflict. Accepting changes. Being willing to compromise.
NON-THREATENING BEHAVIOR: Talking and acting so that she feels safe and comfortable expressing herself and doing things.
ECONOMIC PARTNERSHIP: Making money decisions together. Making sure both partners benefit from financial arrangements.
RESPECT: Listening to her non-judgmentally. Being emotionally affirming and understanding. Valuing her opinions.
EQUALITY
SHARED RESPONSIBILITY: Mutually agreeing on a fair distribution of work. Making family decisions together.
TRUST AND SUPPORT: Supporting her goals in life. Respecting her right to her own feelings, friends, activities, and opinions.
RESPONSIBLE PARENTING: Sharing parental responsibilities. Being a positive, nonviolent role model for the children.
HONESTY AND ACCOUNTABILITY: Accepting responsibility for self. Acknowledging past use of violence. Admitting being wrong. Communicating openly and truthfully.
NONVIOLENCE